

Expression of Interest

Organisation: _____

Contact person: _____

Mailing address: _____

Contact phone: _____

Email: _____

Venue address: _____

Date requested: _____

Alternative date(s): _____

Time: _____

Est. numbers: _____

Preferred topics or focus of session: _____

Fees

Please phone the office on (03) 9791 3100 for a quote and discussion of your group's learning needs.

ME/CFS Australia (Victoria)

ME/CFS Australia (Victoria) is a not-for-profit charitable organisation dedicated to providing information, support and advocacy for the Myalgic Encephalomyelitis / Chronic Fatigue Syndrome community in Victoria, Tasmania and the Northern Territory.

Our services include:

- Support and information telephone line **(03) 9791 2199**
- Support groups
- Small group teleconferences
- Email chat groups
- Health practitioners directory
- ME/CFS self-management courses
- Education forums and seminars
- 'Emerge' quarterly journal
- Awareness raising and professional education sessions
- Resource library
- Political lobbying
- Comprehensive website

ME/CFS Australia (Victoria)
Suite 5, 106 Foster Street
DANDENONG VIC 3175

Phone: (03) 9791 3100

Support Line: (03) 9791 2199

Email: admin@mecfs-vic.org.au

Website: <http://www.mecfs-vic.org.au>

ME/CFS Australia (Victoria)

Volunteer Community Speakers Program

Available across Victoria, Tasmania
and the Northern Territory



About the Community Speakers Program

ME/CFS Australia (Victoria) provides professional speakers to community groups and health professional bodies to provide information on Myalgic Encephalomyelitis/Chronic Fatigue Syndrome, its treatment and management.

Volunteer community speakers are trained volunteers with a personal experience of ME/CFS, either having the condition or being close to someone who does.

Community speakers are able to cover topics within the realm of their personal experience. These may include:

- Their experience and knowledge of ME/CFS;
- Management of ME/CFS, which includes dietary options, food/chemical intolerances, pacing and living with ME/CFS; and
- Information, education, programs, services and resources provided by ME/CFS Australia (Victoria).

Health professionals are also able to present on a range of topics, including specifics of the condition, its diagnosis, treatment and management and current research.

See our brochure on our **professional education services** for more information, available at www.mecfs-vic.org.au.

ME/CFS is a largely misunderstood condition, often confused with 'chronic fatigue'. ME/CFS is a severe, complex, acquired illness with numerous symptoms related mainly to the brain, immune and endocrine systems. ME was classified as a neurological disorder by the World Health Organisation in 1969.

Speakers, either volunteers or health professionals, from ME/CFS Australia (Victoria) are able to work with interpreters should your group require one.

How do I book a speaker?

Please fill in the request form overleaf and return to:

**Health Promotion Co-ordinator
ME/CFS Australia (Victoria)
PO Box 7100
DANDENONG VIC 3175**

Phone: (03) 9791 3100

Fax: (03) 9793 1866

Email: admin@mecfs-vic.org.au

Website: <http://www.mecfs-vic.org.au>