



ME/CFS Australia (Victoria)

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ME/CFS Australia (Victoria)

My Health Organiser®



My Health Organiser® is a specially-designed, expandable, recording, storing and communication system presented in an elegant leather-look binder.

My Health Organiser®:

- Assists you to maintain up-to-date health records, essential for your optimal healthcare;
- Stores your appointment cards, prescriptions, reports and information;
- Educates you on how to obtain maximum benefit from consultations with your healthcare practitioners;
- Enables you to have at hand the necessary information for your health advisors to work effectively with and for you;
- Guides you to understanding the benefits of being healthy by getting organised;
- Helps protect you from the risk of treatment errors; and
- Saves you money and avoids duplication of investigations and tests.



To order copies of the My Health Organiser®, please fill in the following details:

Name: _____

Address: _____

Phone: _____

Mobile: _____

Email: _____

Quantity	Description	Subtotal	Total
	My Health Organiser	\$30	
	Please add postage:	\$10 (for 1-3) \$20 (for 4-6)	
	Optional donation to ME/CFS Australia (Victoria):		
Total Enclosed:			

Payment Information:

Payment can be made by credit card, money order or cheque. Please make cheques payable to ME/CFS Australia (Victoria).

Please charge my Visa or Mastercard

Card number:

Expiry date: /

Cardholder's name:

Payments made by credit card can be faxed to the office on **(03) 9791 3100**; or phoned through to the office on **(03) 9791 2199**.



Profits from the sale of the 'My Health Organiser' assists ME/CFS Australia (Victoria) to provide information, support and advocacy to the Myalgic Encephalomyelitis/Chronic Fatigue Syndrome community.