

The scientific puzzle surrounding ME/CFS (Myalgic Encephalomyelitis/Chronic Fatigue Syndrome) has researchers worldwide working to fit the pieces together. ME/CFS is characterised by neurological, gastrointestinal, cardiovascular and myoarthralgic symptoms. The disease causes substantial disability which can extend to the need for 24 hour care. Severe ME/CFS can have life-threatening complications.

**Help solve the puzzle,  
support biomedical research.**



**NOT  
ANOTHER  
BLOODY  
LUNCH**



Susie Brookes, Ross Campbell,  
Geraldine Buxton, Peter Viska  
Vicki Neil, Liz Welsh, Nicci Baker,  
Judy Schrever, Jan McGuinness,  
Jane Fitzpatrick

Help  
solve  
the puzzle

COMMITTEE

invite you and your friends to join  
them for a virtual lunch...  
(a lunch with no lunch!)



### Step 1

Please make your selection and indicate the number of serves from the **virtual** menu.

	PRICE	SERVES
<b>MAIN COURSE</b>		
Roasted milk-fed leg of lamb with red onion jam & baby vegetables	35	
Pan fried flathead with lemon garlic sauce & young vegetable salad	30	
Grilled quail salad with lentils	25	
Wild Mushroom Risotto	14	
<b>DESSERT</b>		
Chocolate panna cotta with raspberries	14	
Saffron poached pears with honeyed yoghurt	13	
Fresh fruit platter	8	
<b>WINE</b>		
The Vestry Barossa Shiraz	15	60
Aldman Estate Shiraz Cabernet	8	32
Mount Wai Sauvignon Blanc 2008	10	48
Reins Paddock Clare Riesling 2007	7	26
Sparkling Mineral Water		4

### Step 2

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Total Bill Amount \$ \_\_\_\_\_

**YOUR PAYMENT IS A DONATION TO ME/CFS RESEARCH**

Cheques payable to: ME/CFS Australia (Victoria)

Mastercard  Visa

Card No. \_\_\_\_\_

Expiry \_\_\_\_\_

Signature \_\_\_\_\_

\*All donations are tax deductible

Send to:  
Not Another Bloody Lunch  
ME/CFS Australia (Victoria)  
21-23 Livingstone Close  
Burwood 3125



Enquiries to:  
susie\_brookes@netspace.net.au