

Help us to help people with Chronic Fatigue Syndrome (and receive sophisticated medical investigations at no cost)

WHO do we need?

We are looking for people without CFS, who are neither related nor living with a CFS patient, to volunteer as control subjects in a university research project.

You can be any gender or age (over 18) but females aged 30-40 are sought in particular.

It is important that you are not suffering from any ailments or taking any medications.

WHY is this important?

There have been exciting advances in our understanding of CFS in recent years but we need to know more about the differences between CFS and non-CFS individuals to be able to refine our diagnoses and treatment. Along with this we will also be using advanced medical techniques to help uncover pathways by which CFS affects the body.

Test results from non-CFS people are essential as comparisons with the outcomes of the same tests performed on known CFS cases.

SAVE MONEY on standard health tests.

Hundreds of dollars of health tests will be conducted free of charge for each participant, including: Full Blood Examination/ESR/CRP, Liver Function tests, Hormone tests, Immune system tests, Gut health tests, and a Vitamin D (25D) test.

The results of your tests will be made available to you a few weeks after testing.

WHAT will be required of volunteers?

STEP 1 **Call 9841 4500** to book an appointment for a free medical examination. When booking, please specify that you require a 'control' appointment.

STEP 2 Attend your appointment at:
CFS Discovery, 8/90 Mitcham Road, Donvale 3111, Melway 48 F3
- fill out a short consent form to become part of this study
- be examined by a doctor
- see a nurse to have blood samples taken
- complete a 'standing test' to evaluate orthostatic intolerance
- collect forms for further blood and urine samples to be taken at a Healthscope location convenient to you
- be provided with materials to take home for the collection of faecal and urine samples in the privacy of your own home.

STEP 3 Collect a faecal sample in your own time and bring it in to the clinic the next day for a short visit where another small sample of blood will be taken.

WHEN do I start?

Now! Please call today to make your appointment.

Thank you for your invaluable assistance

The University of Melbourne
Australian National University, Canberra
CFS Discovery Clinic, Melbourne

A/Professor Paul Gooley, (PhD)	(03) 8344-2273
A/Professor Brett Lidbury (BSc (Hons), PhD)	(02) 6125-9429
Dr. Henry Butt (MSc, PhD)	(03) 9349-5933
Dr. Neil McGregor (MDS, PhD)	(03) 9509-6939
Mr. Chris Armstrong (BSc (Hons))	(03) 8344-2275
Dr. Don Lewis (MBBS, FRACGP, DRACOG)	(03) 9841-4500